

Edmonton Buddhist Research Institute  
Tu Viện Trúc Lâm

# UCCAMBANA CEREMONY

Ban Nghi Lễ Tu Viện Trúc Lâm Ấn Hành

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# ULLAMBANA CEREMONY

## FRAGRANCE OF THE INCENSE

*Fragrance of the incense radiates in the ten directions  
Vowing respects to the Compassionate- One  
Praying for Your witness to our sincerity  
May we offer our faithfulness with this fragrant cloud.*

*The Dharma has flourished all around  
The Truth has freed beings from the cycles of suffering  
We respectfully take refuge under the Lotus Throne  
Offering the freshest flowers of purest fragrance.*

*The Alter of Light brings us back to the present moment  
With gratitude, we embrace the halo of peace  
The Dharma Wheel turns shining to all living beings.  
We vow to attain the Path of love and understanding.*

*Namo Shakyamuni Buddha  
Namo Shakyamuni Buddha*



## **INCENSE OFFERING**

In gratitude,  
we offer this incense  
to all Buddhas and Bodhisattvas  
throughout space and time.  
May it be fragrant as Earth herself,  
reflecting our careful efforts,  
our wholehearted awareness,  
and the fruit of understanding,  
slowly ripening.  
May we, and all beings  
be companions of Buddhas and Bodhisattvas.  
May we, awaken from forgetfulness  
and realize our true home.  
We offer this incense to all Buddhas and Bodhisattvas. *(B)*

## **PRAISING BUDDHA & BOW**

Beautifully seated as the lotus blooms  
The light of mindfulness radiate in ten directions  
Wisdom envelope all life forms  
Compassion spread to all mountains and rivers  
The first sight of The World Honoured One  
Will ease all pain and sufferings  
We now praise his merits  
And vow to practice diligently.

- Homage to the Buddha, Dharma and Sangha in the ten directions.
- Homage to the Sakya Muni Buddha
- Homage to Kshitigarbha, the Bodhisattva of Great Vow
- Homage to the Venerable Maudgalyayana
- Homage to the stream of all our Ancestral Teachers
- In gratitude to our parents who bring us into the world, we touch the Earth before the Three Jewels.

## **OPENING CHANTING**

Namo tasa bhagavato arahato sammāsamhuddhassa (*3 times*)

The Dharma is deep and lovely  
 We now have a chance to see it  
 Study it, and practice it  
 We vow to realize its true meaning. (*B*)

## **ULLAMBANA CHANTING**

We the disciples  
 respect the Buddha's teaching.  
 On the full moon  
 of the seventh month the Ullambana ceremony  
 held within this magnificent gallery.  
 We offer this incense  
 to the Buddha, the Dharma, the Sangha  
 of the ten directions  
 in the past, present, and future .

We vow to follow the way  
If the venerable Moggallana,  
To be dutiful  
Remembering those given us life.  
We have reached thus far  
due to Mother's hardship  
three years of nourishment  
nine months of pregnancy  
with non-stop worrying  
neglecting food and sleep  
to fully clothe and shelter us.  
With father's strength  
weathered by age  
and together with mother  
to raise all children  
educate us  
by the way of life  
and the Buddha's teachings.  
All gratitude  
we have yet returned.  
We now humbly kneel  
in front of the awakened one  
and the sangha  
who practice meditation  
and have attained the path  
to support

seven generations  
of our ancestors,  
permeating  
the way of practising,  
with the present generation  
vow to practise  
the way of enlightenment.  
May all buddhas  
of all directions  
support our efforts.

## **THE THREE REFUGES**

- I take refuge in the Buddha, the one who shows me the way in this life.
- I take refuge in the Dharma, the way of understanding and love.
- I take refuge in the Sangha, the community that live in harmony and awareness.

## **SHARING MERIT**

Remembering our gratitude to parents,  
Practicing the way of awareness,  
Gives rise to benefits without limit.  
We vow to share the fruits with all beings.  
We vow to offer tribute to parents, teachers,  
friends and numerous beings  
Who give guidance  
And support along the path.



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**CANADA**